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Meatoplasty Post-Operative Care

HOME CARE

There are no activity restrictions for your child following this procedure. No dressing or bandage is necessary. He may resume normal activities the day after his procedure. Avoid straddle toys for 1 week after surgery. If your child has sutures, they will dissolve over time. The sutures can take as long as 4-8 weeks to completely dissolve.

After the meatotomy is done, it is important to:

Apply triple antibiotic ointment or petroleum jelly to the opening and spread opening if necessary four (4) times per day, and at bath time, to prevent the edges of the new opening from closing back together. This should be done starting the day of surgery and for at least two weeks, or longer if needed. If your child is in diapers, apply the ointment with each diaper change. Bathing can begin the day after surgery.

ADDITIONAL INFORMATION

It is not unusual to have a small amount of bleeding from the opening, or have blood in the urine, after surgery. This may last several days.

A diverted urine stream or spraying may occur for several weeks after surgery. **THIS IS NORMAL!**

Most children do not experience much pain after the meatotomy. Your child may, however, have some burning or discomfort during urination. This is normal. Consider applying ointment to the tip of the penis immediately before urination to lubricate the area. You can also use Tylenol or Motrin for pain if needed. Follow the instructions on the bottle for the correct dose. If they are unable to urinate allow them to sit in a warm bath and urinate in the water. You may also be given a prescription for stronger pain medication for use in the first few days after the procedure.

WHEN TO CALL THE OFFICE

- Fever more than 101.5° F
- Your child is unable to urinate
- There is active (dripping) bleeding from surgery site
- Your child cannot keep liquids down (vomiting)
- You have other questions/concerns

If you have any questions or concerns during regular business hours, please do not hesitate to call the Urology Nurse at (512) 472-6134 extension 103.

During non-business hours please call (512) 406-3112 and ask to speak to the Urologist on call.