

Bristol Stool Chart

Type 1



Separate hard lumps,
like nuts (hard to pass)

Type 2



Sausage-shaped
but lumpy

Type 3



Like a sausage but with
cracks on its surface

Type 4



Like a sausage or snake,
smooth and soft

Type 5



Soft blobs with clear-cut
edges (passed easily)

Type 6



Fluffy pieces with ragged
edges, a mushy stool

Type 7



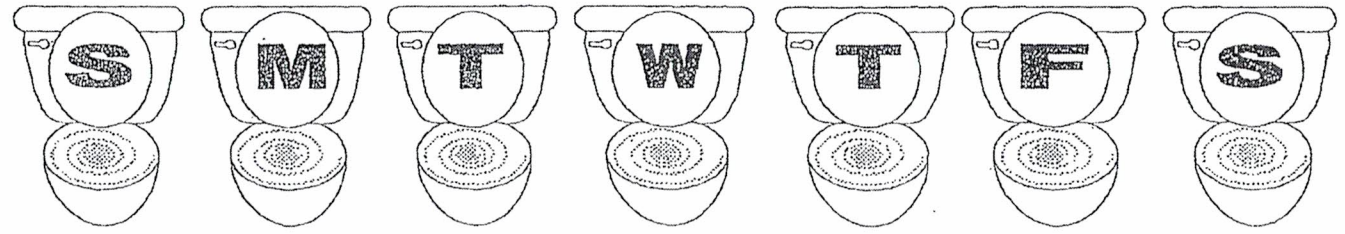
Watery, no solid pieces
ENTIRELY LIQUID

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

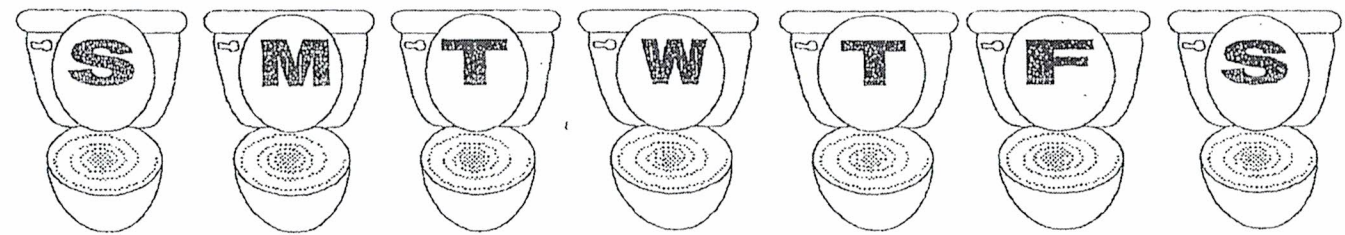
Week Of



Week Of



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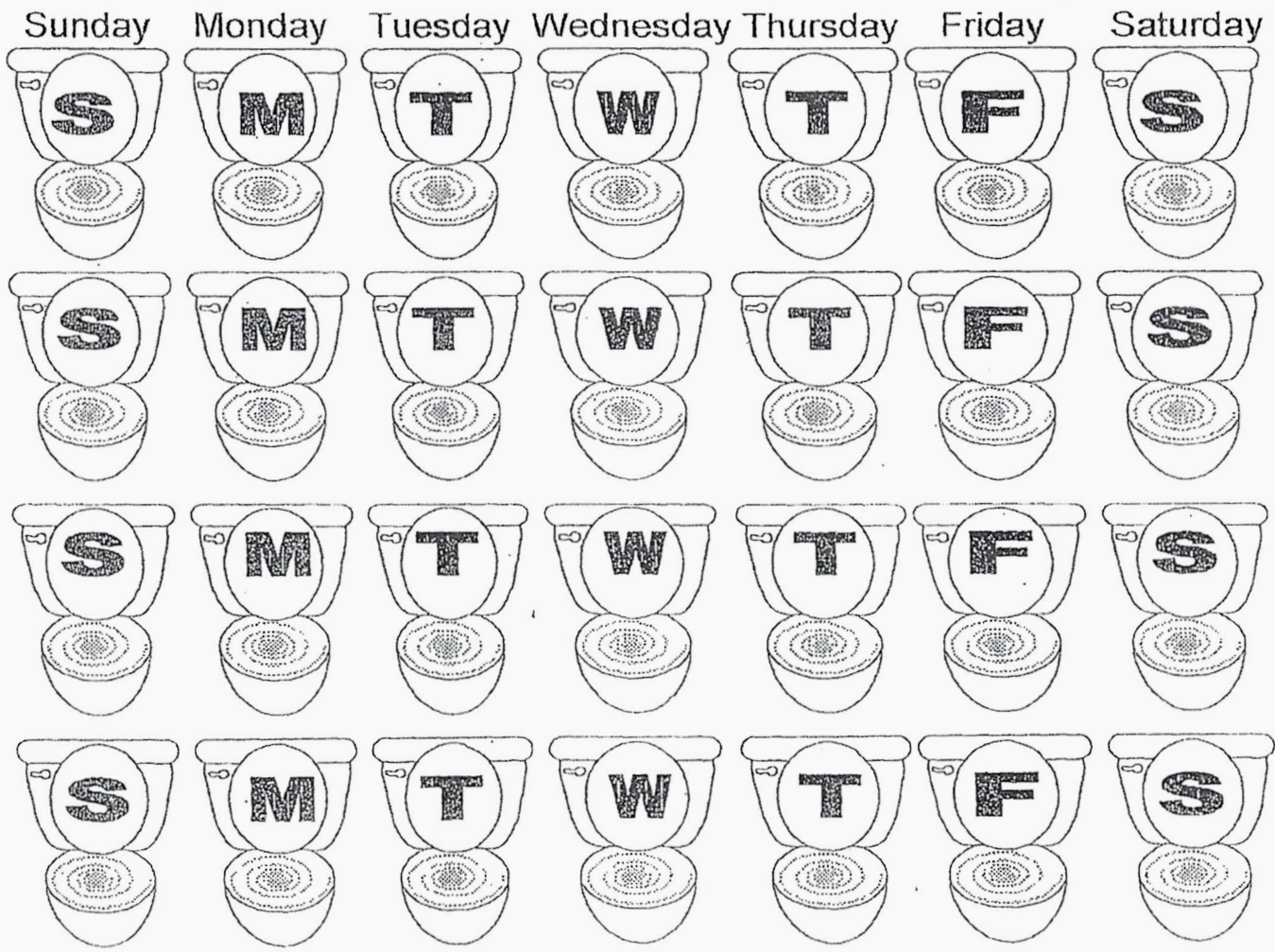


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